

# SEAA INDOOR COMBINED EVENTS CHAMPIONSHIPS

**BEDFORD - 16 JANUARY 2005**

## INDIVIDUAL DISCIPLINE RESULTS

### CONTENTS

Page	Page
2 Senior Men	7 Senior Women
3 Under 20 Men	8 Under 20 Women
4&5 Under 17 Men	9&10 Under 17 Women
6 Under 15 Boys	11&12 Under 15 Girls

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Senior Men Pentathlon 60m Hurdles Heat 1					Senior Men Pentathlon 60m Hurdles Heat 2				
1	Alex Gibson	CHE	9.13	717	1	Dale Garland	GUE	8.38	888
2	Max Hall	DAR	9.45	650	2	John Heanley	WSE	8.52	855
3	Greg Goodrem	SOS	9.60	619	3	Dean Showler-Davis	WRD	8.77	797
4	Jon Jones	BOU	10.79	402					
Senior Men Pentathlon Long Jump Result									
1	Dale Garland	GUE	7.00	814	6.97,NJ,7.00				
2	Jon Jones	BOU	6.72	748	6.65,NJ,6.72				
3	John Heanley	WSE	6.66	734	6.48,6.66,6.51				
4	Max Hall	DAR	6.62	725	6.10,6.49,6.62				
5	Alex Gibson	CHE	6.34	661	6.11,6.34,6.19				
6	Dean Showler-Davis	WRD	6.21	632	NJ,6.21,NJ				
7	Greg Goodrem	SOS	5.80	544	5.40,5.71,5.80				
Senior Men Pentathlon Shot Result									
1	Alex Gibson	CHE	12.76	653	12.71,12.76,12.74				
2	Jon Jones	BOU	11.42	571	11.42,10.60,10.53				
3	John Heanley	WSE	11.30	564	10.21,11.30,10.83				
4	Dale Garland	GUE	10.35	507	10.05,10.35,9.90				
5	Max Hall	DAR	10.01	486	9.42,10.01,9.78				
6	Dean Showler-Davis	WRD	9.48	454	9.48,9.29,9.31				
7	Greg Goodrem	SOS	7.34	327	7.34,NT,NT				
Senior Men Pentathlon 60 Metres Heat 1					Senior Men Pentathlon 60 Metres Heat 2				
1	Dean Showler-Davis	WRD	7.28	785	1	Dale Garland	GUE	7.10	847
2	Max Hall	DAR	7.31	775	2	Jon Jones	BOU	7.28	785
3	John Heanley	WSE	7.33	769	3	Alex Gibson	CHE	7.34	765
4	Greg Goodrem	SOS	7.83	610					
Senior Men Pentathlon High Jump Result									
1	Max Hall	DAR	1.92	731	1.77 o,1.83 o,1.92 o,1.95 xxx				
2	Greg Goodrem	SOS	1.89	705	1.83 xo,1.89 xo,1.95 xxx				
3	Dale Garland	GUE	1.86	679	1.74 o,1.77 o,1.80 xo,1.83 o,1.86 o,1.89 xxx				
3	Alex Gibson	CHE	1.86	679	1.71 o,1.74 o,1.77 xo,1.80 xxo,1.83 o,1.86 o,1.89 xxx				
3	John Heanley	WSE	1.86	679	1.68 o,1.74 o,1.80 o,1.86 o,1.89 x				
6	Dean Showler-Davis	WRD	1.83	653	1.65 o,1.71 o,1.74 xo,1.77 xxo,1.80 xxo,1.83 xxo,1.86 xxx				
7	Jon Jones	BOU	1.74	577	1.59 o,1.71 xxo,1.74 xo,1.77 xxx				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 20 Men Pentathlon 60m Hurdles Heat 1					Under 20 Men Pentathlon 60m Hurdles Heat 2				
1	James Markley	CCA	8.71	811	1	Bruce Fletcher	BRA	9.06	733
2	Nathan Cyrus	LHR	9.91	558	2	Nicolas Phillips	POR	9.11	722
3	Jim Alan	EBR	10.29	488	3	Martyn Ormerod	TON	9.84	572
4	Roy Collier	BEL	10.36	475					
Under 20 Men Pentathlon Long Jump Result									
1	Martyn Ormerod	TON	6.67	736	6.60,6.67,6.64				
2	Jim Alan	EBR	5.75	533	5.58,5.75,5.62				
3	Nicolas Phillips	POR	5.74	531	5.59,5.74,NJ				
4	Roy Collier	BEL	5.73	529	NJ,5.70,5.73				
5	Bruce Fletcher	BRA	5.49	479	5.49,4.99,5.41				
6	Nathan Cyrus	LHR	5.41	463	5.41,5.29,5.36				
7	James Markley	CCA	5.15	411	5.10,5.08,5.15				
Under 20 Men Pentathlon Shot Result									
1	Nicolas Phillips	POR	11.79	594	11.79,NT,NT				
2	Martyn Ormerod	TON	11.48	575	11.15,11.22,11.48				
3	Roy Collier	BEL	10.07	490	10.07,NT,NT				
4	James Markley	CCA	9.61	462	9.13,NT,9.61				
5	Bruce Fletcher	BRA	9.46	453	9.46,9.03,8.37				
6	Jim Alan	EBR	8.39	389	6.80,7.27,8.39				
7	Nathan Cyrus	LHR	8.26	382	8.26,7.49,8.12				
Under 20 Men Pentathlon 60 Metres Heat 1					Under 20 Men Pentathlon 60 Metres Heat 2				
1	James Markley	CCA	7.30	779	1	Martyn Ormerod	TON	7.35	762
2	Nathan Cyrus	LHR	7.75	634	2	Jim Alan	EBR	7.42	739
3	Roy Collier	BEL	7.79	622	3	Nicolas Phillips	POR	7.66	662
4	Bruce Fletcher	BRA	8.07	540					
Under 20 Men Pentathlon High Jump Result									
1	Roy Collier	BEL	1.74	577	1.62 xo,1.65 o,1.68 o,1.71 xo,1.74 xo,1.77 xxx				
1	Martyn Ormerod	TON	1.74	577	1.62 xo,1.65 xo,1.68 o,1.71 xo,1.74 xxo,1.77 xxx				
1	Nicolas Phillips	POR	1.74	577	1.56 o,1.62 o,1.65 o,1.68 o,1.71 o,1.74 xxo,1.77 xxx				
4	James Markley	CCA	1.71	552	1.50 o,1.53 o,1.56 o,1.59 o,1.62 o,1.65 o,1.68 o,1.71 xxo,1.74 xxx				
5	Jim Alan	EBR	1.68	528	1.50 o,1.53 o,1.56 o,1.59 o,1.62 o,1.65 xxo,1.68 xo,1.71 xxx				
6	Nathan Cyrus	LHR	1.62	480	1.50 o,1.53 o,1.56 xo,1.59 xxo,1.62 o,1.65 xxx				
6	Bruce Fletcher	BRA	1.62	480	1.50 o,1.53 o,1.56 o,1.59 o,1.62 o,1.65 xxx				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 17 Men Pentathlon 60m Hurdles Heat 1					Under 17 Men Pentathlon 60m Hurdles Heat 2				
1	Robin Cowling	GUE	9.11	722	1	Michael Holden	COH	9.13	717
2	Graham Cole	WSE	9.74	591	2	Tom Goodall	DAR	9.63	613
3	Alfie Carpenter	IPS	9.76	587	3	Sam Hook	WIN	9.68	603
4	Tom Adams	CCA	9.95	551	4	Thomas Morgan	DAR	10.71	415
Under 17 Men Pentathlon 60m Hurdles Heat 3					Under 17 Men Pentathlon 60m Hurdles Heat 4				
1	Louis Persent	CRT	8.92	764	1	Luke Smallwood	MAM	9.67	605
2	Laurie Pirie	SNH	10.99	369	2	Robbie Titterington	GUE	9.79	581
3	William Sibley	HBS	11.29	324	3	William Baker	HAS	10.59	435
4	Christopher Ford	TON	11.62	277					
Under 17 Men Pentathlon 60m Hurdles Heat 5									
1	Matthew Tong	CHE	8.67	820					
2	Matthew Field	KPH	8.76	800					
3	Adam Nichols	HAS	10.15	513					
Under 17 Men Pentathlon Shot Result									
1	Matthew Tong	CHE	11.80	594	10.82,11.80,11.58				
2	Thomas Morgan	DAR	11.28	563	11.28,10.76,11.24				
3	Michael Holden	COH	10.12	493	9.60,9.27,10.12				
4	Graham Cole	WSE	10.08	490	9.68,9.61,10.08				
5	William Baker	HAS	9.97	484	9.97,NT,9.93				
6	Robbie Titterington	GUE	9.96	483	9.96,8.91,9.08				
7	Matthew Field	KPH	9.77	472	9.77,NT,NT				
8	Sam Hook	WIN	9.56	459	9.43,9.56,9.43				
9	Alfie Carpenter	IPS	8.53	398	7.63,8.53,7.50				
10	Tom Goodall	DAR	8.48	395	8.48,7.84,8.40				
11	Tom Adams	CCA	8.45	393	NT,6.63,8.45				
11	Louis Persent	CRT	8.45	393	8.23,7.83,8.45				
13	Luke Smallwood	MAM	8.35	387	8.32,8.35,8.14				
14	Laurie Pirie	SNH	8.08	371	7.80,8.08,7.60				
15	William Sibley	HBS	7.62	344	7.40,7.62,7.35				
16	Robin Cowling	GUE	7.51	337	7.51,6.85,5.74				
17	Christopher Ford	TON	7.31	326	7.31,7.00,6.26				
18	Adam Nichols	HAS	6.99	307	6.37,6.80,6.99				
Under 17 Men Pentathlon 60 Metres Heat 1					Under 17 Men Pentathlon 60 Metres Heat 2				
1	Matthew Field	KPH	7.55	697	1	Louis Persent	CRT	7.49	716
2	Robin Cowling	GUE	7.58	687	2	Michael Holden	COH	7.58	687
3	Christopher Ford	TON	7.76	631	3	Thomas Morgan	DAR	8.10	531
4	Graham Cole	WSE	7.86	601	4	Laurie Pirie	SNH	8.13	523
Under 17 Men Pentathlon 60 Metres Heat 3					Under 17 Men Pentathlon 60 Metres Heat 4				
1	Robbie Titterington	GUE	7.43	736	1	Matthew Tong	CHE	7.50	713
2	Alfie Carpenter	IPS	8.00	560	2	Tom Goodall	DAR	7.64	668
3	Tom Adams	CCA	8.15	517	3	Adam Nichols	HAS	8.26	487
4	William Sibley	HBS	8.76	359					
Under 17 Men Pentathlon 60 Metres Heat 5									
1	Luke Smallwood	MAM	7.42	739					
2	Sam Hook	WIN	7.69	653					
3	William Baker	HAS	8.08	537					

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	
Under 17 Men Pentathlon High Jump Result					
1	Louis Persent	CRT	1.82	644	1.61 o,1.67 o,1.70 o,1.73 o,1.76 o,1.79 xxo,1.82 xxo,1.85 xxx
2	Matthew Field	KPH	1.79	619	1.49 o,1.58 o,1.61 o,1.67 o,1.70 o,1.73 xo,1.76 o,1.79 xo,1.82 xxx
3	Laurie Pirie	SNH	1.76	593	1.64 o,1.67 o,1.70 xo,1.73 o,1.76 xxo,1.79 xxx
4	Graham Cole	WSE	1.73	569	1.64 xo,1.67 o,1.70 o,1.73 xo,1.76 xxx
5	Tom Adams	CCA	1.70	544	1.52 o,1.58 o,1.61 o,1.64 o,1.67 o,1.70 xo,1.73 xxx
5	Michael Holden	COH	1.70	544	1.49 o,1.55 o,1.58 o,1.61 o,1.64 o,1.67 o,1.70 o,1.73 xxx
5	Luke Smallwood	MAM	1.70	544	1.46 xo,1.52 o,1.58 xxo,1.61 o,1.64 xxo,1.70 xxo,1.73 xxx
8	Robin Cowling	GUE	1.67	520	1.46 o,1.49 o,1.52 o,1.55 o,1.58 o,1.61 xxo,1.64 xxo,1.67 xo,1.70 xxx
8	Tom Goodall	DAR	1.67	520	1.49 xo,1.52 o,1.55 o,1.58 xo,1.61 xo,1.64 o,1.67 xo,1.70 xxx
8	Thomas Morgan	DAR	1.67	520	1.46 o,1.52 o,1.55 o,1.58 xo,1.61 o,1.64 xo,1.67 xxo,1.70 xxx
11	Robbie Titterington	GUE	1.64	496	1.46 o,1.52 o,1.58 o,1.61 xo,1.64 xxo,1.67 xxx
12	Sam Hook	WIN	1.61	472	1.43 o,1.49 o,1.52 o,1.55 o,1.58 o,1.61 xo,1.64 xxx
12	Matthew Tong	CHE	1.61	472	1.49 o,1.52 o,1.55 o,1.58 o,1.61 xo,1.64 xxx
14	Adam Nichols	HAS	1.58	449	1.49 o,1.52 o,1.55 xxo,1.58 o,1.61 xxx
14	William Sibley	HBS	1.58	449	1.55 xo,1.58 xxo,1.61 xxx
16	Christopher Ford	TON	1.52	404	1.40 o,1.49 o,1.52 xo,1.55 xx
17	William Baker	HAS	1.49	381	1.37 o,1.40 o,1.43 o,1.46 o,1.49 o,1.52 xxx
	Alfie Carpenter	IPS	NH	0	1.40 xxx
Under 17 Men Pentathlon Long Jump Result					
1	Matthew Tong	CHE	6.13	615	6.13,6.02,6.01
2	Matthew Field	KPH	5.78	540	5.51,5.65,5.78
3	Louis Persent	CRT	5.77	537	5.48,4.45,5.77
4	Luke Smallwood	MAM	5.76	535	5.39,5.33,5.76
5	Michael Holden	COH	5.74	531	5.74,5.57,5.57
6	Tom Goodall	DAR	5.69	521	5.28,5.69,5.59
7	William Baker	HAS	5.44	469	5.13,5.35,5.44
8	Alfie Carpenter	IPS	5.40	461	NJ,5.40,5.07
9	Graham Cole	WSE	5.35	451	5.22,5.26,5.35
10	Tom Adams	CCA	5.34	449	4.99,5.05,5.34
11	Sam Hook	WIN	5.24	429	5.00,5.24,5.15
11	Laurie Pirie	SNH	5.24	429	4.63,4.95,5.24
13	Thomas Morgan	DAR	5.12	405	4.88,5.12,4.95
14	Adam Nichols	HAS	4.90	363	4.78,NJ,4.90

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 15 Boys Pentathlon Shot Result									
1	Luke Allen	WSA	11.66	586	11.22,10.51,11.66				
2	Ben Gregory	VOA	11.42	571	10.95,10.80,11.42				
3	James McLean	SOS	10.54	518	10.30,10.54,10.39				
4	Sacha Henty	EBR	8.55	399	8.44,8.49,8.55				
5	Kieran Showler-Davis	WRD	7.53	339	7.04,7.41,7.53				
6	Ian Froome	GUE	6.63	286	6.63,6.22,6.48				
7	Sebastian Rodger	EBR	6.23	262	5.97,6.02,6.23				
Under 15 Boys Pentathlon 60m Hurdles Heat 1					Under 15 Boys Pentathlon 60m Hurdles Heat 2				
1	Sacha Henty	EBR	9.68	603	1	James McLean	SOS	8.39	886
2	Ben Gregory	VOA	9.76	587	2	Luke Allen	WSA	9.50	639
3	Sebastian Rodger	EBR	9.87	566	3	Kieran Showler-Davis	WRD	10.32	482
4	Ian Froome	GUE	11.06	359					
Under 15 Boys Pentathlon High Jump Result									
1	Luke Allen	WSA	1.64	496	1.52 o,1.55 xo,1.58 o,1.61 xo,1.64 xo,1.67 xxx				
2	James McLean	SOS	1.55	426	1.34 o,1.37 xo,1.40 xo,1.43 o,1.46 xxo,1.49 o,1.52 xo,1.55 xo,1.58 xxx				
2	Sebastian Rodger	EBR	1.55	426	1.46 o,1.52 o,1.55 xo,1.58 xxx				
4	Ben Gregory	VOA	1.49	381	1.34 o,1.37 o,1.40 xo,1.43 o,1.46 xxo,1.49 xxo,1.52 xxx				
4	Kieran Showler-Davis	WRD	1.49	381	1.40 o,1.43 xxo,1.46 xo,1.49 xxo,1.52 xxx				
6	Ian Froome	GUE	1.46	360	1.40 o,1.43 xo,1.46 xxo,1.49 xxx				
7	Sacha Henty	EBR	1.37	297	1.25 o,1.28 o,1.31 o,1.34 o,1.37 xo,1.40 xxx				
Under 15 Boys Pentathlon 60 Metres Heat 1					Under 15 Boys Pentathlon 60 Metres Heat 2				
1	Sacha Henty	EBR	8.25	489	1	James McLean	SOS	7.46	726
2	Sebastian Rodger	EBR	8.46	434	2	Luke Allen	WSA	7.85	604
3	Ben Gregory	VOA	8.51	421	3	Kieran Showler-Davis	WRD	8.09	534
4	Ian Froome	GUE	8.72	369					
Under 15 Boys Pentathlon Long Jump Result									
1	James McLean	SOS	5.33	447	5.33,5.19,5.15				
2	Kieran Showler-Davis	WRD	5.18	417	5.15,5.10,5.18				
3	Luke Allen	WSA	5.11	404	5.02,3.39,5.11				
4	Ben Gregory	VOA	4.89	361	4.89,3.86,4.88				
5	Sebastian Rodger	EBR	4.76	337	4.56,4.63,4.76				
6	Ian Froome	GUE	4.72	330	4.72				
7	Sacha Henty	EBR	4.36	266	4.36,4.36,4.28				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Senior Women Pentathlon Long Jump Result									
1	Hannah Stares	BEL	5.52	706	5.40,5.52,5.26				
2	Esther Kraus	CRT	4.95	546	4.77,4.73,4.95				
3	Kay Reynolds	RAD	4.93	540	4.80,4.76,4.93				
4	Siobhan Dennehy	CHE	4.83	514	4.55,4.62,4.83				
Senior Women Pentathlon 60m Hurdles Heat 1									
1	Hannah Stares	BEL	8.91	929					
2	Kay Reynolds	RAD	9.00	910					
3	Siobhan Dennehy	CHE	9.72	765					
4	Esther Kraus	CRT	10.50	621					
Senior Women Pentathlon Shot Result									
1	Hannah Stares	BEL	9.64	506	9.64,9.40,NT				
2	Esther Kraus	CRT	9.50	497	9.03,9.50,9.32				
3	Siobhan Dennehy	CHE	9.27	482	8.78,8.09,9.27				
4	Kay Reynolds	RAD	8.20	412	6.65,7.79,8.20				
Senior Women Pentathlon 60 Metres Heat 1									
1	Hannah Stares	BEL	7.92	795					
2	Kay Reynolds	RAD	8.35	670					
3	Siobhan Dennehy	CHE	8.58	609					
4	Esther Kraus	CRT	8.84	542					
Senior Women Pentathlon High Jump Result									
1	Siobhan Dennehy	CHE	1.58	712	1.43 o,1.49 xo,1.52 o,1.55 o,1.58 o,1.61 xxx				
1	Hannah Stares	BEL	1.58	712	1.43 o,1.49 o,1.52 o,1.55 xxo,1.58 xxo,1.61 xxx				
3	Kay Reynolds	RAD	1.55	678	1.43 o,1.49 xo,1.52 o,1.55 o,1.58 xxx				
4	Esther Kraus	CRT	1.46	577	1.34 o,1.37 o,1.40 o,1.43 o,1.46 o,1.49 xxx				

SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 20 Women Pentathlon Long Jump Result									
1	Chloe Hurley-Gale	DAR	5.02	565	5.02,4.80,4.84				
2	Tania Spurling	WSA	4.99	557	4.98,4.99,NJ				
Under 20 Women Pentathlon 60m Hurdles Heat 1									
1	Chloe Hurley-Gale	DAR	9.43	822					
2	Tania Spurling	WSA	9.96	720					
Under 20 Women Pentathlon Shot Result									
1	Chloe Hurley-Gale	DAR	8.61	439	8.23,NT,8.61				
2	Tania Spurling	WSA	8.31	419	7.99,8.31,8.20				
Under 20 Women Pentathlon 60 Metres Heat 1									
1	Chloe Hurley-Gale	DAR	8.34	673					
2	Tania Spurling	WSA	8.74	567					
Under 20 Women Pentathlon High Jump Result									
1	Chloe Hurley-Gale	DAR	1.46	577	1.31 o,1.34 xxo,1.37 o,1.40 o,1.43 xo,1.46 o,1.49 xxx				
1	Tania Spurling	WSA	1.46	577	1.31 o,1.34 o,1.37 o,1.40 o,1.43 o,1.46 o,1.49 xxx				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 17 Women Pentathlon Shot Result									
1	Lizzy Yarnold	TON	10.76	579	10.60,10.22,10.76				
2	Jade Dodd	HHH	9.47	495	9.47,NT,9.26				
3	Jade Morgan	CRT	9.32	485	8.01,8.14,9.32				
4	Rebecca French	CHE	9.16	475	NT,9.16,NT				
5	Amelia Montagnani	HHH	8.67	443	8.67,8.67,8.38				
6	Kayley Alcorn	WDH	8.57	436	NT,7.88,8.57				
7	Hannah Pick	CMH	7.90	393	7.90,7.64,7.24				
8	Laura Duke	WDH	7.37	359	NT,7.37,6.64				
9	Anna Newton	WRD	7.27	352	6.24,6.72,7.27				
10	Frances Hodgins	VOA	7.23	350	7.23,7.09,6.92				
11	Rosalind Seeley	DAR	7.22	349	6.75,7.12,7.22				
12	Laura Grover	EBR	7.13	343	6.50,7.13,6.60				
13	Megan Edwards	DAR	6.92	330	6.87,6.57,6.92				
14	Cheryl Cummings	DAR	6.84	325	6.84,6.83,6.81				
15	Stacey Middleton	RAD	6.58	308	5.81,6.58,6.32				
16	Nicola Gaisford	COH	6.47	301	5.85,6.14,6.47				
17	Laura Arblaster	GUE	6.26	288	5.76,6.23,6.26				
18	Leah Parsons	PET	6.05	274	6.05,6.02,5.68				
19	Emily Vaughan-Fowler	OXF	5.71	253	5.43,5.71,NT				
20	Vicki Wheatland	COH	5.64	249	5.64,4.92,5.07				
Under 17 Women Pentathlon 60m Hurdles Heat 1					Under 17 Women Pentathlon 60m Hurdles Heat 2				
1	Cheryl Cummings	DAR	9.61	787	1	Leah Parsons	PET	9.55	798
2	Megan Edwards	DAR	10.33	652	2	Jade Morgan	CRT	10.25	666
3	Laura Grover	EBR	10.74	580	3	Anna Newton	WRD	10.26	664
4	Laura Arblaster	GUE	11.60	442	4	Frances Hodgins	VOA	10.45	630
Under 17 Women Pentathlon 60m Hurdles Heat 3					Under 17 Women Pentathlon 60m Hurdles Heat 4				
1	Lizzy Yarnold	TON	9.80	750	1	Kayley Alcorn	WDH	9.56	796
2	Rosalind Seeley	DAR	9.90	731	2	Hannah Pick	CMH	10.10	693
3	Vicki Wheatland	COH	10.40	639	3	Amelia Montagnani	HHH	10.15	684
4	Emily Vaughan-Fowler	OXF	10.97	541	4	Jade Dodd	HHH	12.44	324
Under 17 Women Pentathlon 60m Hurdles Heat 5									
1	Nicola Gaisford	COH	9.20	869					
2	Rebecca French	CHE	9.31	846					
3	Stacey Middleton	RAD	9.49	810					
4	Laura Duke	WDH	9.72	765					
Under 17 Women Pentathlon Long Jump Result									
1	Jade Morgan	CRT	5.24	626	5.24,5.03,5.07				
2	Rebecca French	CHE	5.01	562	4.74,4.81,5.01				
3	Lizzy Yarnold	TON	4.79	503	4.79,4.67,4.78				
4	Cheryl Cummings	DAR	4.70	479	4.50,4.70,4.53				
5	Kayley Alcorn	WDH	4.69	477	4.69,4.67,4.69				
6	Stacey Middleton	RAD	4.68	474	4.60,4.68,4.49				
7	Amelia Montagnani	HHH	4.63	461	4.39,4.56,4.63				
8	Laura Arblaster	GUE	4.55	441	4.45,4.54,4.55				
8	Leah Parsons	PET	4.55	441	4.46,4.55,3.79				
10	Laura Duke	WDH	4.54	438	4.54,NJ,4.35				
11	Megan Edwards	DAR	4.51	431	4.38,4.51,4.24				
12	Frances Hodgins	VOA	4.49	426	4.20,4.13,4.49				
13	Nicola Gaisford	COH	4.46	418	4.39,3.92,4.46				
14	Rosalind Seeley	DAR	4.42	408	4.42,4.41,NJ				
15	Vicki Wheatland	COH	4.40	403	4.40,NJ,3.70				
16	Jade Dodd	HHH	4.39	401	4.27,4.28,4.39				
16	Hannah Pick	CMH	4.39	401	4.39,4.06,4.06				
18	Anna Newton	WRD	4.28	374	4.25,4.11,4.28				
19	Laura Grover	EBR	4.18	350	4.13,NJ,4.18				
20	Emily Vaughan-Fowler	OXF	4.12	336	3.99,3.88,4.12				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 17 Women Pentathlon 60 Metres Heat 1					Under 17 Women Pentathlon 60 Metres Heat 2				
1	Laura Arblaster	GUE	8.27	693	1	Emily Vaughan-Fowler	OXF	8.74	567
2	Anna Newton	WRD	8.50	629	2	Leah Parsons	PET	8.77	559
3	Megan Edwards	DAR	8.54	619	3	Laura Grover	EBR	8.86	537
4	Frances Hodgins	VOA	8.82	547	4	Rosalind Seeley	DAR	8.95	516
Under 17 Women Pentathlon 60 Metres Heat 3					Under 17 Women Pentathlon 60 Metres Heat 4				
1	Lizzy Yarnold	TON	8.37	665	1	Kayley Alcorn	WDH	8.41	653
2	Stacey Middleton	RAD	8.56	614	2	Cheryl Cummings	DAR	8.64	593
3	Hannah Pick	CMH	8.62	598	3	Laura Duke	WDH	8.69	580
4	Vicki Wheatland	COH	8.64	593	4	Jade Dodd	HHH	8.82	547
Under 17 Women Pentathlon 60 Metres Heat 5									
1	Nicola Gaisford	COH	8.33	676					
2	Amelia Montagnani	HHH	8.40	656					
3	Rebecca French	CHE	8.46	640					
4	Jade Morgan	CRT	8.47	637					
Under 17 Women Pentathlon High Jump Result									
1	Rebecca French	CHE	1.61	747	1.46 o,1.49 o,1.52 o,1.55 o,1.58 o,1.61 o,1.64 xxx				
1	Nicola Gaisford	COH	1.61	747	1.40 o,1.43 o,1.46 o,1.49 o,1.52 o,1.55 o,1.58 xxo,1.61 xo,1.64 xxx				
1	Leah Parsons	PET	1.61	747	1.46 o,1.49 o,1.52 o,1.55 xo,1.58 o,1.61 xxo,1.64 xxx				
4	Kayley Alcorn	WDH	1.58	712	1.40 o,1.43 o,1.46 o,1.49 o,1.52 o,1.55 o,1.58 o,1.61 xxx				
4	Vicki Wheatland	COH	1.58	712	1.40 o,1.43 o,1.46 o,1.49 xo,1.52 xo,1.55 xo,1.58 o,1.61 xxx				
6	Megan Edwards	DAR	1.52	644	1.25 o,1.28 o,1.31 o,1.34 o,1.37 xo,1.40 o,1.43 o,1.46 o,1.49 xo,1.52 xo,1.55 xxx				
7	Laura Duke	WDH	1.49	610	1.40 o,1.43 xo,1.46 o,1.49 o,1.52 xxx				
7	Anna Newton	WRD	1.49	610	1.37 o,1.40 o,1.43 o,1.46 xo,1.49 xo,1.52 xxx				
7	Hannah Pick	CMH	1.49	610	1.31 o,1.34 o,1.37 o,1.40 o,1.43 xo,1.46 o,1.49 o,1.52 xxx				
7	Emily Vaughan-Fowler	OXF	1.49	610	1.31 o,1.34 o,1.37 o,1.40 o,1.43 o,1.46 o,1.49 o,1.52 xxx				
11	Jade Dodd	HHH	1.46	577	1.34 o,1.37 o,1.40 o,1.43 xo,1.46 o,1.49 x				
11	Frances Hodgins	VOA	1.46	577	1.37 o,1.40 xo,1.43 o,1.46 xo,1.49 xxx				
11	Amelia Montagnani	HHH	1.46	577	1.34 o,1.37 o,1.40 o,1.43 xo,1.46 o,1.49 x				
14	Jade Morgan	CRT	1.43	544	1.25 o,1.28 o,1.31 o,1.34 o,1.37 xxo,1.40 xo,1.43 o,1.46 xxx				
15	Laura Grover	EBR	1.40	512	1.31 o,1.34 o,1.37 o,1.40 xxo,1.43 xxx				
16	Rosalind Seeley	DAR	1.37	481	1.19 o,1.22 o,1.25 o,1.28 o,1.31 o,1.34 xo,1.37 o,1.40 xxx				
16	Lizzy Yarnold	TON	1.37	481	1.25 xo,1.28 o,1.31 o,1.34 xo,1.37 xo,1.40 xxx				
18	Cheryl Cummings	DAR	1.34	449	1.22 o,1.25 xo,1.28 o,1.31 o,1.34 xxo,1.37 xxx				
18	Stacey Middleton	RAD	1.34	449	1.19 o,1.22 o,1.25 o,1.28 o,1.31 o,1.34 o,1.37 xxx				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 15 Girls Pentathlon High Jump Result									
1	Jessica Matthews	B&B	1.52	644	1.31 xo,1.34 o,1.37 o,1.40 o,1.43 o,1.46 o,1.49 xo,1.52 o,1.55 xxx				
1	Sarah Moore	EBR	1.52	644	1.25 xo,1.28 o,1.31 o,1.34 o,1.37 o,1.40 o,1.43 o,1.46 xxo,1.49 xo,1.52 xo,1.55 xxx				
3	Natalie Beale	REA	1.46	577	1.25 o,1.28 o,1.31 o,1.34 o,1.37 o,1.40 o,1.43 xo,1.46 o,1.49 xxx				
3	Katy Sealy	IPS	1.46	577	1.25 o,1.28 o,1.31 o,1.34 o,1.37 o,1.40 o,1.43 xo,1.46 o,1.49 xxx				
5	Chanel Taite	BUA	1.40	512	1.25 o,1.28 o,1.31 o,1.34 xo,1.37 xo,1.40 o,1.43 xxx				
6	Hannah Besford	CHE	1.37	481	1.25 o,1.28 o,1.31 o,1.34 o,1.37 o,1.40 xxx				
6	Sarah Glanvill	CRT	1.37	481	1.16 o,1.19 o,1.22 o,1.25 o,1.28 xo,1.31 o,1.34 o,1.37 o,1.40 xxx				
6	Kimberley Gleeson	GUE	1.37	481	1.13 o,1.16 o,1.19 xo,1.22 o,1.25 o,1.28 o,1.31 o,1.34 o,1.37 o,1.40 xxx				
6	Charlotte Maxwell	EXE	1.37	481	1.16 o,1.19 o,1.22 o,1.25 o,1.28 o,1.31 o,1.34 xo,1.37 o,1.40 xxx				
10	Nicola Hill	HAV	1.34	449	1.22 o,1.25 o,1.28 o,1.31 xo,1.34 xo,1.37 xxx				
11	Zoe Banham	CON	1.31	419	1.22 o,1.25 o,1.28 o,1.31 o,1.34 xxx				
11	Ellie Rhodes	HUN	1.31	419	1.13 o,1.16 o,1.19 o,1.22 o,1.25 o,1.28 xo,1.31 xo,1.34 xxx				
11	Becky Woods	EBR	1.31	419	1.10 o,1.13 o,1.16 o,1.19 o,1.22 o,1.25 o,1.28 xo,1.31 o,1.34 xxx				
14	Bunmi Awokoya	SNH	1.28	389	1.10 o,1.13 o,1.16 o,1.19 o,1.22 o,1.25 o,1.28 o,1.31 xxx				
14	Alice Essam	EBR	1.28	389	1.10 o,1.13 o,1.16 o,1.19 o,1.22 xo,1.25 o,1.28 o,1.31 xxx				
14	Lucy Lintott	EBR	1.28	389	1.10 xo,1.13 o,1.16 o,1.19 o,1.22 o,1.25 xo,1.28 xo,1.31 xxx				
17	Harriet Lester	KPH	1.25	359	1.16 o,1.19 o,1.22 o,1.25 xxo,1.28 xxx				
17	Daniella McGrory	HUN	1.25	359	1.13 o,1.16 o,1.19 o,1.22 o,1.25 xo,1.28 xxx				
17	Sophie Pick	CMH	1.25	359	1.16 o,1.19 o,1.22 o,1.25 o,1.28 xxx				
20	Sophie Nickson	IPS	1.19	302	1.16 o,1.19 xo,1.22 xxx				
21	Alice Vaughan-Fowler	OXF	1.16	275	1.10 o,1.13 o,1.16 o,1.19 xxx				
Under 15 Girls Pentathlon 60m Hurdles Heat 1					Under 15 Girls Pentathlon 60m Hurdles Heat 2				
1	Kimberley Gleeson	GUE	9.93	725	1	Daniella McGrory	HUN	10.24	668
2	Natalie Beale	REA	10.41	637	2	Sophie Nickson	IPS	10.86	560
3	Jessica Matthews	B&B	10.61	602	3	Sophie Pick	CMH	11.22	501
4	Bunmi Awokoya	SNH	10.85	561	4	Sarah Moore	EBR	11.94	392
Under 15 Girls Pentathlon 60m Hurdles Heat 3					Under 15 Girls Pentathlon 60m Hurdles Heat 4				
1	Chanel Taite	BUA	10.05	703	1	Sarah Glanvill	CRT	10.43	634
2	Alice Vaughan-Fowler	OXF	10.54	614	2	Zoe Banham	CON	10.47	627
3	Ellie Rhodes	HUN	10.87	558	3	Becky Woods	EBR	10.88	556
4	Katy Sealy	IPS	11.12	517					
Under 15 Girls Pentathlon 60m Hurdles Heat 5					Under 15 Girls Pentathlon 60m Hurdles Heat 6				
1	Hannah Besford	CHE	10.12	690	1	Nicola Hill	HAV	9.60	789
2	Alice Essam	EBR	10.24	668	2	Harriet Lester	KPH	9.62	785
3	Lucy Lintott	EBR	10.49	623	3	Charlotte Maxwell	EXE	9.62	785
Under 15 Girls Pentathlon Long Jump Result									
1	Kimberley Gleeson	GUE	5.13	595	4.93,5.13,5.00				
2	Chanel Taite	BUA	4.90	532	4.90,4.88,4.85				
3	Harriet Lester	KPH	4.80	506	4.51,4.60,4.80				
4	Hannah Besford	CHE	4.72	485	4.62,NJ,4.72				
5	Ellie Rhodes	HUN	4.45	416	4.44,4.28,4.45				
6	Natalie Beale	REA	4.44	413	4.38,4.31,4.44				
6	Jessica Matthews	B&B	4.44	413	4.22,4.44,4.19				
8	Charlotte Maxwell	EXE	4.41	406	NJ,4.32,4.41				
9	Zoe Banham	CON	4.34	388	4.28,4.34,4.16				
10	Lucy Lintott	EBR	4.30	379	4.30,4.21,4.18				
11	Alice Vaughan-Fowler	OXF	4.25	367	4.08,4.25,4.16				
12	Nicola Hill	HAV	4.23	362	4.17,4.23,4.17				
13	Sarah Glanvill	CRT	4.20	355	4.09,4.20,4.13				
14	Sarah Moore	EBR	4.14	340	4.01,4.14,4.08				
15	Sophie Nickson	IPS	4.13	338	4.13,4.10,4.11				
16	Alice Essam	EBR	4.08	326	4.08,3.96,3.72				
17	Katy Sealy	IPS	3.93	292	3.93,3.82,3.83				
18	Sophie Pick	CMH	3.80	263	3.72,3.72,3.80				
19	Daniella McGrory	HUN	3.63	227	3.49,3.11,3.63				
20	Bunmi Awokoya	SNH	3.50	200	3.50,3.34,3.34				

## SEAA INDOOR COMBINED EVENTS - 2005

Pos	Athlete	Club	Perf	Pts	Pos	Athlete	Club	Perf	Pts
Under 15 Girls Pentathlon Shot Result									
1	Bunmi Awokoya	SNH	9.42	492	9.42,7.91,8.92				
2	Nicola Hill	HAV	7.78	385	6.60,7.78,6.74				
3	Sophie Nickson	IPS	7.34	357	5.72,7.34,7.10				
4	Sarah Moore	EBR	7.18	347	6.77,7.18,6.68				
4	Ellie Rhodes	HUN	7.18	347	7.18,6.15,5.25				
6	Charlotte Maxwell	EXE	7.06	339	6.86,7.06,6.94				
7	Hannah Besford	CHE	6.99	334	6.43,6.30,6.99				
8	Chanel Taite	BUA	6.92	330	6.46,6.60,6.92				
9	Natalie Beale	REA	6.88	327	6.37,6.88,6.41				
10	Zoe Banham	CON	6.74	318	6.24,5.88,6.74				
11	Kimberley Gleeson	GUE	6.67	314	6.67,6.32				
12	Jessica Matthews	B&B	6.43	299	5.64,6.15,6.43				
13	Sarah Glanvill	CRT	6.39	296	6.02,5.96,6.39				
14	Harriet Lester	KPH	6.20	284	6.07,5.82,6.20				
15	Alice Essam	EBR	6.12	279	6.05,6.09,6.12				
16	Katy Sealy	IPS	5.92	266	5.59,5.56,5.92				
17	Sophie Pick	CMH	5.78	257	5.38,5.41,5.78				
18	Alice Vaughan-Fowler	OXF	5.73	254	5.73,5.73,5.60				
19	Lucy Lintott	EBR	5.65	249	5.64,NT,5.65				
20	Daniella McGrory	HUN	4.99	208	4.98,4.99,4.90				
Under 15 Girls Pentathlon 60 Metres Heat 1					Under 15 Girls Pentathlon 60 Metres Heat 2				
1	Charlotte Maxwell	EXE	8.37	665	1	Nicola Hill	HAV	8.48	635
2	Hannah Besford	CHE	8.47	637	2	Natalie Beale	REA	8.69	580
3	Chanel Taite	BUA	8.59	606	3	Harriet Lester	KPH	8.70	577
	Kimberley Gleeson	GUE	DNS	0	4	Jessica Matthews	B&B	8.70	577
Under 15 Girls Pentathlon 60 Metres Heat 3					Under 15 Girls Pentathlon 60 Metres Heat 4				
1	Ellie Rhodes	HUN	8.76	562	1	Bunmi Awokoya	SNH	8.57	611
2	Sarah Glanvill	CRT	8.79	554	2	Alice Essam	EBR	8.81	549
3	Sarah Moore	EBR	8.83	544	3	Lucy Lintott	EBR	8.97	511
4	Zoe Banham	CON	9.04	494	4	Katy Sealy	IPS	9.41	411
Under 15 Girls Pentathlon 60 Metres Heat 5									
1	Sophie Nickson	IPS	8.70	577					
2	Daniella McGrory	HUN	8.82	547					
3	Alice Vaughan-Fowler	OXF	9.05	492					
4	Sophie Pick	CMH	9.49	394					