

# **SEAA INDOOR CHAMPIONSHIPS**

## **BEDFORD - 8/9 JANUARY 2005**

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Under 15 Boys 60 Metres Heat 1			Under 15 Boys 60 Metres Heat 2		
1	Antonio Infantino	EAH 7.41	1	James McLean	SOS 7.63
2	Luke Allen	WSA 7.87	2	Andreas Tulande	HHH 7.83
3	Daniel Kilbey	SNH 8.86	3	Sam Lawrence	NVH 7.95
Under 15 Boys 60 Metres Heat 3			Under 15 Boys 60 Metres Semi Final 1		
1	Matthew Webster	SBH 7.55	1	Antonio Infantino	EAH 7.37
2	Aston Stockdale	B&B 7.85	2	Andreas Tulande	HHH 7.73
3	Sacha Henty	EBR 8.15	3	Aston Stockdale	B&B 7.79
			4	Sacha Henty	EBR 8.07
Under 15 Boys 60 Metres Semi Final 2			Under 15 Boys 60 Metres Final		
1	James McLean	SOS 7.55	1	Antonio Infantino	EAH 7.37
2	Matthew Webster	SBH 7.58	2	James McLean	SOS 7.50
3	Luke Allen	WSA 7.90	3	Matthew Webster	SBH 7.54
4	Sam Lawrence	NVH 7.92	4	Andreas Tulande	HHH 7.71
Under 15 Boys 60m Hurdles Heat 1			Under 15 Boys 60m Hurdles Heat 2		
1	Luke Allen	WSA 9.30	1	James McLean	SOS 9.50
2	Jorden Best	BIG 9.60	2	Emmanuel Okpokiri	NEB 9.90
3	Sacha Henty	EBR 10.50			
Under 15 Boys 60m Hurdles Final					
1	James McLean	SOS 8.69			
2	Emmanuel Okpokiri	NEB 9.03			
3	Luke Allen	WSA 9.05			
4	Jorden Best	BIG 9.62			
Under 15 Boys High Jump Result					
1	Scott Johnson	BED 1.60	1.50 o,1.55 xxo,1.60 o,1.65 xxx		
2	James Peters	BED 1.60	1.45 o,1.50 o,1.55 o,1.60 xo,1.65 xxx		
3	Jorden Best	BIG 1.50	1.35 o,1.45 o,1.50 o,1.55 xxx		
4	Jamie Andrews	EBR 1.45	1.35 o,1.40 o,1.45 xo,1.50 xxx		
Under 15 Boys Pole Vault Result					
1	Matthew Devereux	BED 2.60	2.30 o,2.40 o,2.50 xo,2.60 o,2.70 xxx		
Under 15 Boys Long Jump Result					
1	Luke Allen	WSA 5.42	5.42,5.19,5.29,5.40,NJ,5.13		
2	Sam Lawrence	NVH 5.03	5.03,4.99,4.95,4.83,3.95,4.86		
3	Sacha Henty	EBR 4.32	4.31,4.17,3.93,4.32		
Under 15 Boys Triple Jump Result					
1	Jorden Best	BIG 11.00	11.00,10.66		
Under 15 Boys Shot Result					
1	Michael Wheeler	HHH 14.56	14.22,NT,13.87,14.56,NT,13.94		
2	Lewis Taylor	CHE 13.65	13.12,NT,NT,13.65,NT,12.88		
3	Martin Tinkler	PET 13.40	10.11,10.24,11.49,13.40,12.65,13.13		
4	Jeff Turton	EBR 10.78	10.78,10.12,10.78,10.55,10.55,10.76		

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Under 15 Girls 60 Metres Heat 1

1 Katrina Cosby	B&B	8.39
2 Sharna Emanuel	PET	8.86
3 Kayleigh Borkett	HUN	8.97
4 Becky Woods	EBR	9.37

Under 15 Girls 60 Metres Heat 2

1 Grace Sheppard	B&B	8.71
2 Amy Martin	EBR	8.95
3 Jessica Glanvill	CRT	9.10
Harriet Lester	KPH	DNS

Under 15 Girls 60 Metres Heat 3

1 Sarah Harrison	B&B	8.52
2 Harriet Lucas	CON	8.59
3 Lucy Lintott	EBR	8.76
4 Nadine Terry	MAM	8.97

Under 15 Girls 60 Metres Heat 4

1 Rebecca Cook	B&B	8.64
2 Alice Essam	EBR	8.75
3 Georgie Lord	EBR	9.36

Under 15 Girls 60 Metres Heat 5

1 Phillippa Tappin	EAH	8.23
2 Frankie Calder	HAV	8.41
3 Sarah Batting	WSA	8.67

Under 15 Girls 60 Metres Semi Final 1

1 Phillippa Tappin	EAH	8.22
2 Grace Sheppard	B&B	8.53
3 Sarah Batting	WSA	8.67
4 Rebecca Cook	B&B	8.68

Under 15 Girls 60 Metres Semi Final 2

1 Frankie Calder	HAV	8.32
2 Katrina Cosby	B&B	8.42
3 Harriet Lucas	CON	8.48
4 Sarah Harrison	B&B	8.50

Under 15 Girls 60 Metres Final

1 Phillippa Tappin	EAH	8.14
2 Frankie Calder	HAV	8.28
3 Harriet Lucas	CON	8.50
4 Katrina Cosby	B&B	8.53

Under 15 Girls 60m Hurdles Heat 1

1 Alice Essam	EBR	10.20
2 Alicia Bland	WAT	10.60
3 Nadine Terry	MAM	10.70

Under 15 Girls 60m Hurdles Heat 2

1 Harriet Lester	KPH	9.50
2 Sarah Glanvill	CRT	10.80
3 Becky Woods	EBR	11.10

Under 15 Girls 60m Hurdles Heat 3

1 Nicola Hill	HAV	9.80
2 Lucy Lintott	EBR	10.70
2 Faye Williams	NEW	10.70

Under 15 Girls 60m Hurdles Semi Final 1

1 Harriet Lester	KPH	9.47
2 Alice Essam	EBR	10.21
3 Faye Williams	NEW	10.63
4 Nadine Terry	MAM	10.74

Under 15 Girls 60m Hurdles Semi Final 2

1 Nicola Hill	HAV	9.74
2 Lucy Lintott	EBR	10.48
3 Sarah Glanvill	CRT	10.89
4 Alicia Bland	WAT	10.91

Under 15 Girls 60m Hurdles Final

1 Harriet Lester	KPH	9.46
2 Nicola Hill	HAV	9.62
3 Alice Essam	EBR	10.22
4 Lucy Lintott	EBR	10.28

Under 15 Girls High Jump Result

1 Jessica Matthews	B&B	1.40
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1.30 o,1.35 o,1.40 o,1.45 xxx

Under 15 Girls Pole Vault Result

1 Christina Moore	ASH	2.50
2 Emmeline Rendell	IEK	2.20
3 Caroline Crayford	IEK	2.20
3 Hayley Knowles	WPH	2.20

2.20 o,2.30 o,2.40 o,2.50 xo,2.60 xxx  
1.90 o,2.00 o,2.10 o,2.20 o,2.30 xxx  
1.90 o,2.00 o,2.10 o,2.20 xxo,2.30 xxx  
1.90 o,2.00 o,2.10 o,2.20 xxo,2.30 xxx

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Under 15 Girls Long Jump Result

1	Harriet Lester	KPH	4.98	4.78,4.98
2	Hannah Besford	CHE	4.67	4.50,4.67,4.66,4.55,4.67,4.60
3	Sarah Glanvill	CRT	4.39	4.21,4.28,4.37,NJ,NJ,4.39
4	Becky Woods	EBR	4.31	4.27,4.30,4.31,4.26,3.93,4.25
5	Nicola Hill	HAV	4.29	4.26,4.24,4.29
6	Alice Essam	EBR	4.22	4.22,4.09
7	Lucy Lintott	EBR	4.15	NJ, 4.15
8	Nadine Terry	MAM	4.02	3.76,4.01,3.69,3.49,4.02,3.98

Under 15 Girls Shot Result

1	Montana Marshall	HHH	10.11	9.79,9.91,9.36,9.69,10.11,9.94
2	Bunmi Awokoya	SNH	9.71	8.88,9.71,NT,9.59,9.05,8.46
3	Sarah McGuire	B&B	9.02	9.02,8.64,7.44,7.55,8.19,8.33

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Under 17 Men 60 Metres Heat 1

1 Eugene Ayanful	HAV	7.38
2 James Godden	CCA	7.39
3 Thomas O'Brien	SBH	7.47
4 Kieran Best	BIG	8.10

Under 17 Men 60 Metres Heat 2

1 Zakeel Monium	HHH	7.53
2 Daniel Trott	MAM	7.56
3 Stefan Bidula	PET	7.83
4 Ben Nichols	HPH	8.09

Under 17 Men 60 Metres Heat 3

1 James Grocock	IOW	7.38
2 Maduka Umeh	ESM	7.56
3 Absolum Gray	HHH	7.70
4 Julian Bahrami	EBR	8.11

Under 17 Men 60 Metres Heat 4

1 Andre Laidley	EAH	7.31
2 Nnamdi Umeh	ESM	7.41
3 Stuart Blackler	IOW	7.46
4 Tom Colwill	IOW	7.89

Under 17 Men 60 Metres Heat 5

1 Aaron James	EAH	7.49
2 Andrew Bullimore	HUN	7.51
3 Daniel James	MIS	7.72

Under 17 Men 60 Metres Semi Final 1

1 James Grocock	IOW	7.30
2 Nnamdi Umeh	ESM	7.31
3 Aaron James	EAH	7.47
4 James Godden	CCA	7.48

Under 17 Men 60 Metres Semi Final 2

1 Andre Laidley	EAH	7.36
2 Stuart Blackler	IOW	7.45
3 Zakeel Monium	HHH	7.50
4 Eugene Ayanful	HAV	7.55

Under 17 Men 60 Metres Final

1 Andre Laidley	EAH	7.22
2 James Grocock	IOW	7.24
3 Nnamdi Umeh	ESM	7.30
4 Stuart Blackler	IOW	7.45

Under 17 Men 60m Hurdles Heat 1

1 Aaron James	EAH	8.75
2 Matt Field	KPH	8.79

Under 17 Men 60m Hurdles Heat 2

1 Alex Al-Ameen	B&B	8.69
2 Tom Colwill	IOW	9.56

Under 17 Men 60m Hurdles Final

1 Alex Al-Ameen	B&B	8.59
2 Aaron James	EAH	8.64
3 Matt Field	KPH	8.77
4 Tom Colwill	IOW	9.31

Under 17 Men High Jump Result

1 Louis Persent	CRT	1.80
2 Simon Jones	BED	1.80
2 Cameron Lake	WSE	1.80
4 Graham Cole	WSE	1.75
5 Laurie Pirie	SNH	1.75
6 James Scott	SAM	1.65
7 William Sibley	HBS	1.60

1.65 o,1.70 o,1.75 o,1.80 xo,1.85 xxx
1.60 o,1.65 o,1.70 o,1.75 xo,1.80 xo,1.85 xxx
1.70 o,1.75 xo,1.80 xo,1.85 xxx
1.65 o,1.70 o,1.75 xxo,1.80 xxx
1.65 xo,1.70 o,1.75 xxo,1.80 xxx
1.60 xo,1.65 xo,1.70 xxx
1.50 o,1.55 o,1.60 o,1.65 xxx

Under 17 Men Pole Vault Result

1 Scott Huggins	B&B	3.30
David Thacher	BEX	NH

3.30 o,3.50 xxx
2.80 xxx

Under 17 Men Long Jump Result

1 Andrew Bullimore	HUN	6.40
2 James Grocock	IOW	6.10
3 Tom Goodall	DAR	6.08
4 Daniel Trott	MAM	5.87
5 Vincente Lazaro	HAV	5.28

6.37,6.08,NJ,6.40,6.16,6.21
6.10,2.20,3.48,NJ,3.03,NJ
6.08,5.72,5.54,5.71,5.53,5.52
5.87,5.75,5.68,NJ,5.52,5.75
5.28,5.21,5.28,5.06,5.17,NJ

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Under 17 Men Triple Jump Result

1 Andrew Bullimore	HUN	12.30	12.20,12.17,11.98,12.11,12.30,12.26
2 Daniel Trott	MAM	11.75	11.75,11.66,11.36,11.40,11.40
3 Laurie Pirie	SNH	11.67	11.53,11.60,11.61,11.61,11.25

Under 17 Men Shot Result

1 Jay Thomas	KAC	16.13	15.22,16.13,15.64,NT,15.83,NT
2 Daniel Tinkler	PET	15.19	15.01,13.93,NT,14.41,15.19,14.74
3 Liam Presnell	TON	12.42	11.84,11.57,12.29,12.42,NT,NT

## SEAA INDOOR CHAMPIONSHIPS - 8/9 JANUARY 2005

Under 17 Women 60 Metres Heat 1				Under 17 Women 60 Metres Heat 2			
1	Rebecca Wilcock	WAT	8.07	1	Shaleina Mars	EAH	8.04
2	Kandi Ejifor	HHH	8.21	2	Magali Franka	HHH	8.19
3	Aimee Richardson	BED	8.24	3	Linda Tapson	MAM	8.25
4	Lauren Ramsey	MAM	8.78	4	Kim Motley	CCA	8.67
Under 17 Women 60 Metres Heat 3				Under 17 Women 60 Metres Heat 4			
1	Lyndsey North	CHE	8.24	1	Emily Martin	HWA	8.03
2	Daveen Thomas	NEB	8.26	2	Claire Welch	MAM	8.21
3	Stacey Gardiner	MAM	8.36	3	Shadein Mars	EAH	8.39
4	Amy Bettley	EBR	9.19	4	Pascha Burgoyne	IOW	8.58
Under 17 Women 60 Metres Heat 5				Under 17 Women 60 Metres Heat 6			
1	Torema Dorsett	EAH	8.04	1	Erica Smith	EAH	8.18
2	Emma Woon	IOW	8.59	2	Catherine Wearing	MAM	8.34
3	Emily White	BED	8.73		Ruth Watson	EAH	DQ
4	Emma Coleman	EBR	8.75				
Under 17 Women 60 Metres Quarter Final 1				Under 17 Women 60 Metres Quarter Final 2			
1	Emily Martin	HWA	8.04	1	Torema Dorsett	EAH	7.91
2	Kandi Ejifor	HHH	8.13	2	Daveen Thomas	NEB	8.13
3	Claire Welch	MAM	8.16	3	Magali Franka	HHH	8.22
4	Shadein Mars	EAH	8.47	4	Stacey Gardiner	MAM	8.47
Under 17 Women 60 Metres Quarter Final 3				Under 17 Women 60 Metres Quarter Final 4			
1	Shaleina Mars	EAH	7.99	1	Erica Smith	EAH	8.07
2	Lyndsey North	CHE	8.17	2	Rebecca Wilcock	WAT	8.07
3	Linda Tapson	MAM	8.32	3	Aimee Richardson	BED	8.42
4	Catherine Wearing	MAM	8.39	4	Emma Woon	IOW	8.60
Under 17 Women 60 Metres Semi Final 1				Under 17 Women 60 Metres Semi Final 2			
1	Torema Dorsett	EAH	7.90	1	Shaleina Mars	EAH	7.93
2	Rebecca Wilcock	WAT	8.04	2	Kandi Ejifor	HHH	8.06
3	Erica Smith	EAH	8.10	3	Emily Martin	HWA	8.08
4	Claire Welch	MAM	8.21	4	Daveen Thomas	NEB	8.09
Under 17 Women 60 Metres Final				Under 17 Women 60m Hurdles Heat 1			
1	Torema Dorsett	EAH	7.84	1	Stacey Middleton	RAD	9.60
2	Shaleina Mars	EAH	7.91	2	Katie Penn	IOW	9.90
3	Rebecca Wilcock	WAT	8.09	3	Shadein Mars	EAH	10.10
4	Kandi Ejifor	HHH	8.13				
Under 17 Women 60m Hurdles Heat 2				Under 17 Women 60m Hurdles Heat 3			
1	Lisa Schofield	HAV	9.40	1	Harriet Abbiss	AFD	9.50
2	Katie Miller	EEH	9.60	2	Nina Akif	B&B	9.60
3	Kim Motley	CCA	9.80	3	Laura Duke	WDH	9.70
Under 17 Women 60m Hurdles Heat 4				Under 17 Women 60m Hurdles Semi Final 1			
1	Catherine Wearing	MAM	9.30	1	Catherine Wearing	MAM	9.00
2	Jenny Heckford	WSE	9.60	2	Jenny Heckford	WSE	9.60
3	Claire Welch	MAM	9.70	2	Stacey Middleton	RAD	9.60
				2	Katie Miller	EEH	9.60

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Under 17 Women 60m Hurdles Semi Final 2

1	Lisa Schofield	HAV	9.20
2	Harriet Abbiss	AFD	9.50
3	Nina Akif	B&B	9.60
4	Claire Welch	MAM	9.70

Under 17 Women 60m Hurdles Run Off

1	Stacey Middleton	RAD	9.49
2	Nina Akif	B&B	9.72
3	Jenny Heckford	WSE	9.77
4	Katie Miller	EEH	9.80

Under 17 Women 60m Hurdles Final

1	Catherine Wearing	MAM	9.15
2	Lisa Schofield	HAV	9.22
3	Harriet Abbiss	AFD	9.42
4	Stacey Middleton	RAD	9.66

Under 17 Women High Jump Result

1	Kathryn Forth	VOA	1.60	1.50 o,1.55 o,1.60 xo,1.65 xxx
2	Alice Groom	WPH	1.50	1.40 o,1.45 o,1.50 o,1.55 xxx
3	Frances Hodgins	VOA	1.45	1.40 o,1.45 o,1.50 xxx
4	Laura Grover	EBR	1.40	1.30 o,1.35 o,1.40 xxo,1.45 xxx

Under 17 Women Pole Vault Result

1	Rachel Arnheim	B&B	2.90	2.50 o,2.60 xo,2.70 o,2.80 o,2.90 xo,3.00 xxx
2	Emily Godley	B&B	2.80	2.70 xo,2.80 o,2.90 xxx
3	Laura Duke	WDH	2.70	2.50 o,2.60 o,2.70 xo,2.80 xxx
4	Katie Glare	NEW	2.70	2.20 o,2.30 o,2.40 o,2.50 o,2.60 xo,2.70 xo,2.80 xxx
5	Lizzy Yarnold	TON	2.50	2.50 o,2.60 xxx
6	Amy Peacock	BAN	2.50	2.30 o,2.40 o,2.50 xo,2.60 xxx
7	Leah Howard	ASH	2.50	2.20 xo,2.30 o,2.40 xo,2.50 xo,2.60 xxx

Under 17 Women Long Jump Result

1	Kim Murray	IOW	5.62	5.26,5.40,5.36,NJ,5.43,5.62
2	Hannah Frankson	WGE	5.50	5.47,5.40,5.12,5.22,5.46,5.50
3	Emily Martin	HWA	5.39	NJ,5.33,5.39,5.15,5.33,5.35
4	Linda Tapson	MAM	5.38	5.38,5.25,5.30,5.12,4.98,5.12
5	Kandi Ejifor	HHH	5.36	5.36,5.29,5.33,5.31,NJ
6	Aimee Richardson	BED	5.23	4.91,5.23,4.96,4.98,5.00,4.88
7	Jade Morgan	CRT	5.13	5.03,5.08,5.13,4.79,4.73,5.04
8	Lauren Blackie	B&B	5.12	5.10,5.08,4.95,5.00,5.09
9	Stacey Middleton	RAD	4.81	4.63,4.81,4.63
10	Lauren Ramsey	MAM	4.72	4.16,3.84,4.72
11	Lizzy Yarnold	TON	4.63	4.51,3.69,4.63
12	Lyndsey North	CHE	4.44	4.42,2.93,4.44

Under 17 Women Triple Jump Result

1	Hannah Frankson	WGE	11.60	CBP	11.60,11.31,NJ,11.29,11.11
2	Lauren Blackie	B&B	10.75		10.62,10.46,10.75,NJ,10.12,10.69
3	Jade Morgan	CRT	10.55		10.36,10.19,10.40,10.55,10.42,10.36
4	Megan Edwards	DAR	10.16		NJ,9.95,9.90,10.07,9.63,10.16
5	Cheryl Cummings	DAR	10.01		9.87,10.01,NJ,9.73,9.98,9.79
6	Rosalind Seeley	DAR	9.74		9.60,9.57,9.74,9.69,9.42,NJ
7	Ayana Charles	CCA	9.61		9.61,9.39,8.19,NJ,9.30

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Under 17 Women Shot Result

1	Lizzy Yarnold	TON	11.04	10.08,10.19,10.47,10.02,11.04
2	Briony Phillips	HHH	10.69	10.06,10.68,10.37,10.55,10.40,10.69
3	Shaunagh Brown	B&B	10.60	9.37,10.27,9.81,9.59,10.60,10.53
4	Elizabeth Goddard	REA	10.04	9.72,10.04,9.63,8.35,9.56,7.10
5	Kayleigh Pybus	SNH	9.74	8.82,NT,9.55,8.89,8.94,9.74
6	Jade Dodd	HHH	9.74	NT,NT,9.37,9.74,NT,9.44
7	Erica Francis	EBR	9.62	9.05,9.37,9.62,NT,9.22,9.58
8	Alice Forster	CCA	9.16	8.69,8.92,8.23,9.16,9.10,8.78
9	Rochelle Roach	BAR	8.54	8.54,8.44,7.80
10	Francesca Birch	BIG	7.32	7.07,6.95,7.32
11	Laura Grover	EBR	7.19	7.19,6.30,6.94

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Under 20 Men 60 Metres Heat 1

1 Rufus Nugent	HHH	7.37
2 Jim Alan	EBR	7.45
3 Anthony Dunne	IOW	7.50
4 Luke Cannon	EBR	7.59

Under 20 Men 60 Metres Heat 2

1 Elijah Winn	EAH	7.25
2 Byron Robinson	HHH	7.39
3 Jeremy Odemetey	HHH	7.54
4 Sam Turton	EBR	7.55

Under 20 Men 60 Metres Heat 3

1 Simeon Williamson	HIG	7.28
2 Dexter Nicols	HHH	7.33
3 Stuart Phillips	BRA	7.52
4 Marius Guei	HIG	7.57

Under 20 Men 60 Metres Heat 4

1 Daniel Haque	B&B	7.22
2 Marvin Riley	B&B	7.53
3 Ben Smith	HVT	7.59
4 Gary Mayne	LBA	7.67

Under 20 Men 60 Metres Heat 5

1 Edwin Bamfo	HHH	7.26
2 Gareth Lewis	HBS	7.41
3 John Taylor	WSA	7.50
4 Duane Davis	HHH	7.76

Under 20 Men 60 Metres Heat 6

1 Christopher Julien	EAH	7.27
2 Sam Kilbey	SBH	7.31
3 Martin Campbell	BED	7.46
4 Ross Cockcroft	BIG	8.42

Under 20 Men 60 Metres Quarter Final 1

1 Daniel Haque	B&B	7.16
2 Dexter Nicols	HHH	7.25
3 Byron Robinson	HHH	7.36
4 Jim Alan	EBR	7.44

Under 20 Men 60 Metres Quarter Final 2

1 Elijah Winn	EAH	7.12
2 Sam Kilbey	SBH	7.25
3 Gareth Lewis	HBS	7.39
4 Anthony Dunne	IOW	7.54

Under 20 Men 60 Metres Quarter Final 3

1 Edwin Bamfo	HHH	7.14
2 Rufus Nugent	HHH	7.32
3 Marvin Riley	B&B	7.35
4 John Taylor	WSA	7.46

Under 20 Men 60 Metres Quarter Final 4

1 Simeon Williamson	HIG	7.17
2 Christopher Julien	EAH	7.26
3 Martin Campbell	BED	7.46
4 Stuart Phillips	BRA	7.59

Under 20 Men 60 Metres Semi Final 1

1 Simeon Williamson	HIG	6.96
2 Elijah Winn	EAH	7.01
3 Dexter Nicols	HHH	7.24
4 Rufus Nugent	HHH	7.34

Under 20 Men 60 Metres Semi Final 2

1 Edwin Bamfo	HHH	7.10
2 Daniel Haque	B&B	7.16
3 Christopher Julien	EAH	7.23
4 Sam Kilbey	SBH	7.28

Under 20 Men 60 Metres Final

1 Simeon Williamson	HIG	6.89
2 Elijah Winn	EAH	7.01
3 Daniel Haque	B&B	7.13
4 Edwin Bamfo	HHH	7.14

Under 20 Men 60m Hurdles Final

1 Joe Tenny	WAT	8.79
2 Adrian Woolgar	AFD	8.82
3 Duane Davis	HHH	9.24
4 Martin Campbell	BED	9.43

Under 20 Men High Jump Result

1 Nikola Stanisavljevic	WOK	2.05
2 Robbie Grabarz	BED	2.05
3 Michael Whitehouse	B&B	2.00
4 Simon Hemmings	SOS	1.95
5 Max Hall	DAR	1.90
6 Andy McKay	IEK	1.70

1.85 o,1.90 xo,1.95 xxo,2.00 xxx
1.65 o,1.70 o,1.75 xxx
1.80 o,1.85 xxo,1.90 xxo,1.95 xxx
1.90 xo,1.95 o,2.00 o,2.05 o,2.08 xxx
1.90 o,1.95 o,2.00 o,2.05 o,2.08 xxx

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Under 20 Men Pole Vault Result

1 Max Hall	DAR	4.00	3.60 o,3.80 o,4.00 xxo,4.10 xxx
1 Carl Titman	PET	4.00	3.80 xxo,4.00 xxo,4.10 xxx
3 Neil Cottrell	WPH	3.80	3.60 o,3.80 xxo,4.00 xxx
4 Wolfgang Huber	SBH	3.60	3.20 o,3.40 o,3.60 xo,3.80 xxx
Paul Lillis	BEX	NH	3.20 xxx

Under 20 Men Long Jump Result

1 Max Hall	DAR	6.65	6.32,6.18,6.52,6.65,6.49,6.65
2 Ezekiel Ewulo	HHH	6.62	5.50,5.98,6.55,6.22,NJ,NJ
3 Martyn Ormerod	TON	6.52	6.23,6.26,6.52,6.40,6.51,6.35
4 Luke Stott	HAV	6.47	6.20,6.35,6.47,6.35,6.24,6.15
5 Adrian Woolgar	AFD	6.15	6.01,6.07,6.15,5.90,6.06,6.03
6 Byron Robinson	HHH	5.90	5.79,5.88,5.82,5.90,5.70,5.72
7 Jim Alan	EBR	5.71	5.65,5.57,5.48,5.61,5.54,5.71

Under 20 Men Triple Jump Result

1 Ezekiel Ewulo	HHH	14.13	13.86,13.62,NJ,NJ,13.92,14.13
2 Jim Alan	EBR	12.45	12.29,12.45,12.00,12.30

Under 20 Men Shot Result

1 Joel Capper	BED	13.06	NT,NT,11.59,12.97,13.06,NT
2 James Holland	DIS	12.35	12.00,11.93,11.93,11.97,11.82,12.35
3 Marcus Williams	HHH	11.64	11.37,11.62,10.88,10.60,11.12,11.64
4 Max Hall	DAR	11.25	NT,10.26,10.40,11.25,10.80,10.84
5 Justin Best	BIG	8.47	8.39,8.24,7.62,8.47,8.34

SEAA INDOOR CHAMPIONSHIPS - 8/9 JANUARY 2005

Under 20 Women 60 Metres Heat 1			Under 20 Women 60 Metres Heat 2		
1	Montell Douglas	B&B 7.86	1	Lia Tappin	EAH 7.94
2	Kirsty Peters	EBR 8.68	2	Dominique Smith	CCA 8.22
3	Gabby Samm-Yorke	HHH 8.90	3	Lauren Longhurst	CHE 8.60
Under 20 Women 60 Metres Heat 3			Under 20 Women 60 Metres Semi Final 1		
1	Crystal Robinson	EAH 7.97	1	Montell Douglas	B&B 7.75
2	Denise Osei	HHH 8.00	2	Denise Osei	HHH 7.97
3	Kylie Robilliard	GUE 8.19	3	Kylie Robilliard	GUE 8.12
			4	Kirsty Peters	EBR 8.68
Under 20 Women 60 Metres Semi Final 2			Under 20 Women 60 Metres Final		
1	Lia Tappin	EAH 7.86	1	Lia Tappin	EAH 7.74
2	Crystal Robinson	EAH 8.01	2	Denise Osei	HHH 7.90
3	Dominique Smith	CCA 8.27	3	Crystal Robinson	EAH 7.99
4	Lauren Longhurst	CHE 8.65		Montell Douglas	B&B DNS
Under 20 Women 60m Hurdles Final					
1	Kylie Robilliard	GUE 9.10			
1	Chloe Van Wulven	HAV 9.10			
3	Maria Crowe	MAM 9.70			
4	Sammy Bettridge	WAB 9.80			
Under 20 Women High Jump Result					
1	Lauren Ambrose	RUG 1.65		1.60 o,1.65 o,1.70 xxx	
2	Lucy Hodgins	VOA 1.55		1.50 o,1.55 o,1.60 xxx	
3	Bathoni Puplampu	BED 1.50		1.50 xo,1.55 xxx	
Under 20 Women Pole Vault Result					
1	Louise Shortland	SNH 2.80		2.60 o,2.70 o,2.80 o,2.90 xxx	
	Kirsty Dobberson	BEX NH		2.30 xxx	
Under 20 Women Long Jump Result					
1	Tania Spurling	WSA 5.06		4.96,4.86,5.06,4.81,4.66,NJ	
2	Lauren Longhurst	CHE 4.58		4.45,4.54,2.12,4.58,4.52,4.49	
Under 20 Women Triple Jump Result					
1	Tania Spurling	WSA 11.13		10.82,10.79,11.13,11.03,10.87,10.91	
2	Chloe Hurley Gale	DAR 10.84		10.76,10.84,10.24,9.33,10.37,10.39	
3	Lauren Longhurst	CHE 9.70		9.38,9.70,9.69,9.67,9.65,9.55	
4	Laura Groom	WPH 9.62		9.09,NJ,9.35,9.62,NJ,9.10	
Under 20 Women Shot Result					
1	Chloe Edwards	HUN 13.38		13.38,12.55,12.68,12.68,12.71,13.03	

SEAA INDOOR CHAMPIONSHIPS - 8/9 JANUARY 2005

Senior Women 60 Metres Final

1 Michelle Watson	HHH	8.01
2 Hayley-Jayne Cone	TVH	8.22
Janine Whitlock	TRA	DNS

Senior Women 60m Hurdles Final

1 Claire Brennan	HAV	9.50
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Senior Women Pole Vault Result

1 Janine Whitlock	TRA	4.06 CBP	3.80 o,3.90 xo,4.00 xxo,4.06 o
2 Laura Patterson	WPH	3.60	3.00 o,3.20 o,3.50 o,3.60 xo,3.70 xxx
3 Jemma Harding	BED	3.60	3.20 o,3.40 o,3.50 xo,3.60 xo,3.70 xxx
4 Louise Hart	BED	3.10	2.80 o,3.00 o,3.10 o,3.20 xxx

Senior Women Long Jump Result

1 Hayley-Jayne Cone	TVH	5.53	NJ,5.35,5.11,5.53,NJ,5.48
2 Angela Gibbs	MAM	5.41	5.30,5.32,5.41,5.30,5.26,5.21
3 Angela Barrett	HRR	5.27	5.14,5.06,5.14,5.05,5.22,5.27
4 Esther Kraus	CRT	4.99	4.59,4.87,4.99,4.86,NJ,4.89
5 Hannah Gamester	HAV	4.95	4.79,4.82,4.78,4.95,4.80,4.80

Senior Women Triple Jump Result

1 Angela Gibbs	MAM	11.91	11.74,11.91,NJ,11.76,11.67,NJ
2 Stephanie Aneto	WGE	11.63	NJ,11.63,NJ,NJ,11.57,11.00
3 Angela Barrett	HRR	11.62	11.52,11.45,NJ,11.41,11.62,NJ

Senior Women Shot Result

1 Esther Kraus	CRT	10.17	8.96,8.57,8.91,8.84,10.17,9.12
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SEAA INDOOR CHAMPIONSHIPS - 8/9 JANUARY 2005

Senior Men 60 Metres Heat 1

1 John Ramos	EAH	7.22
2 David Swift	NAA	7.22
3 Zack Morrison	BIG	7.42
4 Roland Edwards	HRR	7.44

Senior Men 60 Metres Heat 2

1 Ian Clarke	EAH	7.15
2 Eddie Johnson	EAH	7.35
3 Martin Chambers	PET	7.39
4 Liam Wright	WSA	7.89

Senior Men 60 Metres Heat 3

1 Rohan Samuel	HRR	7.21
2 Lawrence Mensah	HHH	7.22
3 Bode Oluwa	HHH	7.24
4 Chris Hanley	PET	7.82

Senior Men 60 Metres Heat 4

1 Aiah Yambasu	TVH	7.16
2 Jason Greenidge	WGE	7.17
3 Adam Davis	HHH	7.55
4 Jamie Lever	SBH	7.66

Senior Men 60 Metres Heat 5

1 Idris Oduriye	HHH	7.17
2 Isaiah Adekanmbi	EAH	7.18
3 Mark Collins	LUA	7.43

Senior Men 60 Metres Heat 6

1 Andrew Mensah	SBH	7.09
2 Peter Steiner	CCA	7.29
3 Neil Torr	PET	7.75

Senior Men 60 Metres Quarter Final 1

1 Andrew Mensah	SBH	6.94
2 Isaiah Adekanmbi	EAH	7.04
3 David Swift	NAA	7.15
4 Mark Collins	LUA	7.40

Senior Men 60 Metres Quarter Final 2

1 Jason Greenidge	WGE	7.05
2 Ian Clarke	EAH	7.09
3 Lawrence Mensah	HHH	7.19
4 Zack Morrison	BIG	7.52

Senior Men 60 Metres Quarter Final 3

1 Aiah Yambasu	TVH	7.20
2 John Ramos	EAH	7.21
3 Peter Steiner	CCA	7.28
4 Martin Chambers	PET	7.41

Senior Men 60 Metres Quarter Final 4

1 Idris Oduriye	HHH	7.13
2 Rohan Samuel	HRR	7.13
3 Bode Oluwa	HHH	7.21
4 Eddie Johnson	EAH	7.40

Senior Men 60 Metres Final

1 Andrew Mensah	SBH	6.96
2 Aiah Yambasu	TVH	7.00
3 Ian Clarke	EAH	7.06
4 Jason Greenidge	WGE	7.08

Senior Men 60m Hurdles Heat 1

1 Dwayne Stoddart	WSE	8.39
2 Alexandre Pope	B&B	9.59
3 Liam Wright	WSA	9.95

Senior Men 60m Hurdles Heat 2

1 Tom Carey	SBH	8.50
2 Robert Wood	UOE	8.78

Senior Men 60m Hurdles Final

1 Dwayne Stoddart	WSE	8.20
2 Tom Carey	SBH	8.28
3 Robert Wood	UOE	8.81
4 Alexandre Pope	B&B	9.34

Senior Men High Jump Result

1 Adam Scarr	EAH	2.05	1.95 o,2.00 o,2.05 xxo,2.10 xxx
2 Dan Turner	TSO	2.00	1.90 o,1.95 o,2.00 o,2.05 xxx
3 Craig Baker	BUA	1.95	1.80 o,1.90 o,1.95 xxo,2.00 xxx
4 Sam Turner	HVT	1.85	1.75 o,1.80 o,1.85 xo,1.90 xxx

## SEAA INDOOR CHAMPIONSHIPS - 8/9 JANUARY 2005

## Senior Men Pole Vault Result

1 Adam Walker	CRA	4.40	4.00 o,4.20 o,4.30 o,4.40 o,4.50 xxx
2 Greg Conlon	TVH	4.40	4.00 o,4.10 o,4.20 xo,4.30 o,4.40 o,4.50 xxx
3 Cameron Johnston	BEL	4.30	4.30 o,4.40 xxx
4 Alistair Patterson	WPH	4.30	3.80 o,4.00 o,4.20 xo,4.30 o,4.40 xxx
5 Ian Bowley	BED	4.00	3.80 o,4.00 o,4.10 xxx
6 Liam Wright	WSA	3.80	3.60 o,3.80 xo,4.00 xx
Ian Parkinson	WPH	NH	3.60 xxx
Alexandre Pope	B&B	NH	3.80 xxx

## Senior Men Long Jump Result

1 John Ramos	EAH	6.72	NJ,6.72,6.71,6.72,6.49,NJ
2 Chris Morgan	CRA	6.46	NJ,6.13,6.18,6.46,6.30,6.11
3 Alexander Kneller	BEL	6.13	6.08,5.89,NJ,3.94,6.13,6.10

## Senior Men Triple Jump Result

1 Sayo Ojo	WGE	13.11	12.68,13.05,13.11,13.07,12.87,12.94
2 Robert Myatt	EBR	11.78	11.49,11.48,11.65,11.78,11.61,11.39

## Senior Men Shot Result

1 Simon Fricker	WGE	14.12	13.73,14.04,NT,14.12,13.86,13.98
2 Albert Johnson	KAC	13.49	13.31,NT,NT,12.69,13.49,NT
3 Damian Larrington	BED	12.03	10.86,11.06,11.88,11.72,11.60,12.03
4 Nicholas Joy	EBR	11.63	11.63,11.06,11.32,11.42,10.75,11.12
5 Alexandre Pope	B&B	10.49	10.49,NT,10.33,10.00,10.02,9.97

## Club Codes/Abbreviations

### Club Code Club Name

AAC	Andover AC	B&B	Blackheath & Bromley Harriers
AFD	Aldershot Farnham & DAC	BHC	Brighton & Hove City AC
ALD	Aldworth Science College	BIG	Biggleswade AC
ASH	Ashford AC	BIR	Birchfield Harriers
BAN	Banbury Harriers	BOU	Bournemouth AC
BAS	Basildon AC	BRA	Bracknell AC
BAU	Bath University	CAM	Cambridge Harriers
BED	Bedford & County AC	CAU	Cambridge University
BEL	Belgrave Harriers	CCA	Cambridge & Coleridge AC
BEX	Bexley AC	CHE	Chelmsford AC
CHI	Channel Islands AC	ESM	Ealing Southall & Middlesex AC
CHR	Chichester Runners & AC	GUE	Guernsey Island AAC
COR	Cornwall AC	HAR	Harlow AC
CPO	City of Portsmouth AC	HAV	Havering Mayesbrook AC
CRA	Crawley AC	HBS	Horsham Blue Star Harriers
CRO	Croydon Harriers	HHH	Herne Hill Harriers
DAR	Dartford Harriers AC	HIG	Highgate Harriers
EAH	Enfield & Haringey AC	HPH	Herts Phoenix AC
EEH	Epsom & Ewell Harriers	HRR	Harrow AC
ESH	Edinburgh Southern Harriers	HVT	Havant AC
HWA	Hercules Wimbledon AC	MKA	Milton Keynes AC
IEK	Invicta East Kent AC	NEB	Newham & Essex Beagles AC
IOW	Isle of Wight AC	NEW	Newbury AC
IPS	Ipswich Harriers	OCK	The Ockendon School
KAC	Kent AC	PET	Peterborough AC
KPH	Kingston AC & Poly Harriers	RAD	Radley AC
LHR	London Heathside Runners	REA	Reading AC
LUA	Luton AC	RIT	Richmond & Twickenham AC
MAM	Medway & Maidstone AC	RSC	Redbourne Sports College
MAN	Manshead Upper School	RUG	Rugby & Northampton AC
SBH	Shaftesbury Barnet Harriers	TSO	Team Solent
SIS	St Ignatius School	TVH	Thames Valley Harriers
SNH	Stevenage & North Herts AC	VOA	Vale of Aylesbury AC
SOS	Southend on Sea AC	VTH	Victoria Park H & Tower H AC
STA	St Albans AC	WAB	Wessex & Bath AC
SUT	Sutton & District AC	WAL	Walton AC
SWI	Swindon Harriers	WAT	Watford Harriers
THU	Thurrock Harriers AC	WDH	Worthing & District Harriers
TON	Tonbridge AC	WGE	Woodford Green w Essex L
TOR	Torbay AC	WOK	Woking AC
WPH	Wycombe Phoenix Harriers & AC		
WSA	West Suffolk AC		
WSE	Windsor S E & Hounslow		
WYE	Wye Valley School		