

SOUTH OF ENGLAND

ATHLETIC ASSOCIATION

2004

INTER-COUNTIES CHAMPIONSHIPS

UNDER 20 WOMEN

TILSLEY PARK, ABINGDON

Sunday, 8th August 2004

SEAA INTER COUNTY - UNDER 20 WOMEN - ABINGDON - 8/08/2004

100m	<u>Heat 1</u>	w/s	-1.0	Qual?	<u>Heat 2</u>	w/s	-2.9	Qual?
	1 Shaleina Mars	Middx	12.58	Q	1 Deandra Smith	Herts	12.88	Q
	2 Vicki Burgess	Hants	12.69	Q	2 Donna Crichton	Som	13.13	Q
	3 Nike Adaleye	Essex	12.77	Q	3 Molly Russell	Oxon	13.22	Q
	4 Michelle Webster	Beds	12.78	q	4 Sarah Holmes	Surrey	13.40	
	5 Nicole MacDermott	Bucks	12.82	q	5 Dominique Smith	Cambs	13.43	
	6 Emma Taylor	Corn	13.15		6 Carly Dean	Dorset	13.59	
	7 Claire Capon	Kent	13.33		7 Elizabeth Allen	Berks	13.79	
	8 Joedy Platt	Devon	13.45					
	Final	w/s	-1.3					
	1 Shaleina Mars	Middx	12.46					
	2 Deandra Smith	Herts	12.71					
	3 Nike Adaleye	Essex	12.75					
	4 Vicky Burgess	Hants	12.77					
	5 Nicole MacDermott	Bucks	12.77					
	6 Michelle Webster	Beds	12.77					
	7 Donna Crichton	Som	12.93					
	8 Molly Russell	Oxon	12.98					
200m	<u>Heat 1</u>	w/s	-0.5	Qual?	<u>Heat 2</u>	w/s	0.0	Qual?
	1 Claire Triggs	Oxon	25.40	Q	1 Tara Bird	Essex	25.80	Q
	2 Sam Blackwell	Somerset	26.34	Q	2 Lianne George	Sussex	26.03	Q
	3 Joedi Platt	Devon	26.69	Q	3 Natalie Jowett	Bucks	26.12	Q
	4 Dominique Smith	Cambs	26.95		4 Serita Shone	Dorset	26.53	q
	5 Deandra Smith	Herts	27.37		5 Carol Schoburgh	Kent	26.75	q
	6 Emma Taylor	Corn	27.41		6 Sarah Holmes	Surrey	27.03	
	7 Emma Papps	Berks	27.47		7 Cassie Chilvers	Suffolk	27.11	
	8 Rebecca Howarth	Hants	28.18					
	Final	w/s	0.0					
	1 Claire Triggs	Oxon	24.82					
	2 Tara Bird	Essex	25.04					
	3 Lianne George	Sussex	25.74					
	4 Natalie Jowett	Bucks	25.78					
	5 Serita Shone	Dorset	26.37					
	6 Carol Schoburgh	Kent	26.49					
	7 Joedi Platt	Devon	26.56					
400m	<u>Heat 1</u>			Qual?	<u>Heat 2</u>			Qual?
	1 Jess McMonagie	Hants	57.88	Q	1 Lauren Webb	Surrey	59.83	Q
	2 Hayley Wills	Herts	58.01	Q	2 Sophie Mabbett	Berks	59.88	Q
	3 Jemma Thake	Suffolk	59.66	Q	3 Leah Paulley	Corn	60.99	Q
	4 Ella Kempster	Essex	60.13	q	4 Kiri Burridge	Dorset	61.46	q
	5 Aylia Hamilton-Banniss	Middx	61.82		5 Carol Schoburgh	Kent	62.26	
	6 Sophie Kidson	Sussex	61.93		6 Lucy Bourne	Oxon	63.32	
	7 Melita Middleton	Beds	63.39		7 Nicola Fisher	Cambs	63.51	
	Final							
	1 Jess McMonagie	Hants	57.44					
	2 Hayley Wills	Herts	57.97					
	3 Lauren Webb	Surrey	58.70					
	4 Jemma Thake	Suffolk	59.12					
	5 Sophie Mabbett	Berks	59.20					
	6 Kiri Burridge	Dorset	61.23					
	7 Leah Paulley	Corn	61.80					

SEAA INTER COUNTY - UNDER 20 WOMEN - ABINGDON - 8/08/2004

800m	<u>Heat 1</u>			Qual?	<u>Heat 2</u>			Qual?
	1 Emily Goodall	Sussex	2.20.10	Q	1 Stephanie Wilson	Bucks	2.16.55	Q
	2 Katrina Wootton	Beds	2.20.36	Q	2 Carolyn Plateau	Oxon	2.16.57	Q
	3 Lyndsy Fairweather	Middx	2.20.42	Q	3 Isabelle Stoate	Devon	2.16.65	Q
	4 Louise Collier	Surrey	2.21.21	q	4 Nikki Silva	Herts	2.17.16	q
	5 Francis Cliff	Essex	2.22.20		5 Laura Brenton	Hants	2.32.74	
	6 Elaine Murty	Kent	2.24.09					
	7 Heidi Burton	Dorset	2.28.59					
	Final							
	1 Katrina Wootton	Beds	2.10.59					
	2 Stephanie Nillson	Bucks	2.10.97					
	3 Carolyn Plateau	Oxon	2.11.91					
	4 Isabelle Stoate	Devon	2.12.90					
	5 Nikki Silva	Herts	2.13.57					
	6 Lyndsey Fairweather	Middx	2.15.93					
	7 Emily Goodhall	Sussex	2.18.77					
	8 Louise Collier	Surrey	2.20.63					
1500m	Final				3k Walk	Final		
	1 Hannah England	Oxon	4.34.28		1 Sarah Foster	Kent	16.10.86	
	2 Kirsty Hamilton	Devon	4.40.61		2 Claire Grace	Hants	18.33.16	
	3 Emily Adams	Surrey	4.47.85					
	4 Danielle Tatum	Essex	4.54.67					
	5 Rachel Ward	Kent	4.56.17					
	6 Rachel Gibbs	Herts	4.57.78					
	7 Abbie Williamson	Corn	5.15.37					
	8 Thaw Gill	Hants	5.24.85					
	9 Steph Newbury	Dorset	5.27.35					
	10 Rachel Jeffreys	Somerset						
100mH	<u>Heat 1</u>	<u>w/s</u>	-1.6	Qual?	<u>Heat 2</u>	<u>w/s</u>	1.0	Qual?
	1 Channelle Garnett	Surrey	14.10	Q	1 Phyllis Agbo	Middx	14.52	Q
	2 Catherine Holdsworth	Esex	14.38	Q	2 Rachel Smith	Kent	16.29	Q
	3 Janine McCormack	Devon	16.17	Q	3 Frances McKirdy	Herts	16.33	Q
	4 Carly Dean	Dorset	16.96	q	4 Ruth Hampson	Oxon	18.00	q
	5 Helen Morton	Sussex		DNF				
	Final	<u>w/s</u>	TBA					
	1 Channelle Garnett	Surrey	13.98					
	2 Phyllis Agbo	Middx	14.19					
	3 Catherine Holdsworth	Essex	15.47					
	4 Janine McCormack	Devon	15.60					
	5 Frances McKirdy	Herts	16.16					
	6 Rachel Smith	Kent	16.23					
	7 Carly Dean	Dorset	16.59					
	8 Ruth Hampson	Oxon	17.71					
400mH	Final							
	1 Melanie Canning	Middx	61.47					
	2 Sam Blackwell	Somerset	64.04					
	3 Cara Pain	Sussex	64.08					
	4 Christina Silva	Herts	64.61					
	5 Carly Dean	Dorset	71.04					
	6 Laura Thompson	Hants	72.16					
	7 Ruth Hampson	Oxon	72.60					
	8 Claire Capon	Kent	73.93					

SEAA INTER COUNTY - UNDER 20 WOMEN - ABINGDON - 8/08/2004

<u>HighJump</u>				<u>Triple Jump</u>			
1	Emma Berkins	Sussex	1.77	1	Rachel Brenton	Oxon	11.68 1.2
2	Nadine Simpson	Herts	1.65	2	Sandra Alaneme	Kent	11.60 0.0
3	Lauren Ambrose	Beds	1.60	3	Clare Linskill	Devon	11.52 1.0
4	Wendy Meadows-Smith	Suffolk	1.60	4	Angela Barrett	Middx	11.15 1.5
5	Stevie Langford	Kent	1.55	5	Tania Spurling	Suffolk	11.06 1.1
6	Olivia Nash	Som	1.50	6	Sarah Warsop	Dorset	10.69 0.0
7	Megan Jones	Hants	1.45	7	Jade Christie	Beds	10.54 0.9
8	Beth Hampson	Herts	1.40	8	Kirsty Smith	Essex	10.53 0.6
				9	Vicky Perkins	Sussex	10.36 0.5
				10	Kamela Monks	Hants	10.24 0.0
				11	Kim Motley	Cambs	10.05 0.0
				12	Emma Papps	Berks	9.98 0.7
<u>PoleVault</u>				<u>Shot Put</u>			
1	Bryony Gibbens	Bucks	3.00	1	Chloe Edwards	Cambs	13.46 CBP
2	Sam Poulter	Surrey	3.00	2	Hayleigh Bryan	Devon	12.02
3	Anne-Marie Price	Kent	2.90	3	Rachel Cork	Dorset	11.50
4	Louise Shortland	Herts	2.80	4	Phyliss Agbo	Middx	11.32
5	Naomi Riddle	Cambs	2.60	5	Tolani Agoro	Kent	11.17
6	Samantha Baldwin	Dorset	2.50	6	Dominique Blaize	Surrey	11.07
7	Vicky Wise	Hants	2.40	7	Mel Harrison	Essex	10.97
8	Natalie Masters	Sussex	2.30	8	Ashliegh Palmer-Johnson	Berks	10.93
				9	Kayleigh Pybus	Herts	10.00
				10	Clare Palmer	Sussex	9.40
				11	Rebecca Mudd	Corn	8.86
				12	Joanne Price	Hants	8.35
				13	Tania Spurling	Suffolk	8.22
				14	Frankie Birch	Beds	7.94
<u>LongJump</u>				<u>Discus</u>			
			<u>w/s</u>	1	Melanie Harrison	Essex	37.52
1	Dominique Blaize	Surrey	5.60 -1.1	2	Hannah James	Sussex	34.42
2	Kara Roberts	Dorset	5.32 -1.1	3	Hayley Bryan	Devon	33.71
3	Claire Triggs	Oxon	5.30 -1.4	4	Sarah Davies	Dorset	32.61
4	Lizzie Yarnold	Kent	5.21 0.0	5	Lizzie Dunn	Cambs	32.00
5	Janine McCormack	Devon	5.20 -0.8	6	Hamal Manhas	Middx	29.95
6	Steph Madgett	Berks	5.16 -0.8	7	Rachel Blackie	Kent	28.26
7	Sineade Gutzmore	Middx	5.06 -1.3	8	Joanne Rai	Suffolk	25.40
8	Tania Spurling	Suffolk	4.95 -1.6	9	Ellen Baldwin	Herts	23.76
9	Donna Creighton	Som	4.92 -1.3	10	Nicola Finch	Oxon	23.56
10	Kamela Monks	Hants	4.66 -0.7	11	Joanne Price	Hants	22.76
11	Trisha Nelson	Corn	4.47 -1.9	12	Frankie Birch	Beds	19.90
12	Helen Morton	Sussex	4.29 -2.0				
<u>Hammer</u>				<u>Javelin</u>			
1	Sam Hynes	Middx	48.99	1	Jo Chapman	Suffolk	48.09 CBP
2	Rachel Blackie	Kent	46.08	2	Hayley Thomas	Essex	42.12
3	Amy Church	Hants	42.99	3	Lizzie Yarnold	Kent	35.01
4	Rachel Basford	Sussex	40.42	4	Lizzie Dunn	Cambs	33.82
5	Helen Gibbons	Bucks	37.81	5	Rachel Cork	Dorset	32.64
6	Chloe Edwards	Cambs	34.29	6	Clare Palmer	Sussex	30.22
7	Hayley Bryan	Devon	23.24	7	Sam Molyneux	Oxon	30.11
8	Frankie Birch	Beds	20.84	8	Louise Capicotto	Herts	30.05
9	Kayleigh Pybus	Herts	19.67	9	Sammy Freeman	Beds	27.50